

**Eastern Shore Coalition
Against Domestic Violence
(ESCADV)**
P.O. Box 3
Onancock, VA 23417
Phone: 757-787-1329
Toll Free: 877-787-1329
Hearing Impaired: 757-787-0928
Email: escadvoffice@escadv.org

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www.escadv.org



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@4lovenothurt



This newsletter was printed with support from a contract from the Sexual Assault and Domestic Violence Program Grant #20-A3415VP18 awarded by the Department of Criminal Justice.

**We provide the following
services to Accomack
and Northampton
Counties:**

- 24-Hour Hotline
- Emergency Shelter
- Individual Counseling
- Safety Planning
- Crisis Intervention
- Support Groups
- Legal Advocacy
- Referrals
- Case Management
- Children's Advocacy
- Community Outreach

**We serve men, women and
children.**

**Our services are FREE
and CONFIDENTIAL.**

**Shelter stay is not required
to access ESCADV**

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Eastern Shore Coalition Against Domestic Violence (ESCADV)

THE ADVOCATE

Winter 2020

Shining the light against Domestic & Sexual Violence

From the Director's Desk:

As we are reaching the end of our winter, or lack of winter as the case may be, it is often a time of reflection, a time to consider what has taken place and what is yet to come. For ESCADV, this is a time of thanks for all the wonderful volunteers and donors who made the holidays special for survivors in transition. The efforts of Melanie Parker and the "Freedom Starters", coupled with the generosity of individuals and organizations up and down the shore are amazing.

In 2019, ESCADV hosted two new to us fundraising events, the Matthew May

not only helped ESCADV raise funds to provide services to survivors of domestic violence and sexual assault, they also allowed us to provide outreach and awareness. Thank you to everyone who supported these and many other ESCADV events and activities throughout the year.

Looking to the future, ESCADV is hosting the 2nd Matthew May Memorial Oyster Roast April 4, 2020. Contact us for tickets.

Beginning in February with volunteer support, we are hosting a support group for survivors of domestic violence and sexual assault. A survivor's support group has been a goal of ESCADV for many years that is finally happening. If you, or anyone you know, may be interested, contact our office for more information.

ESCADV also continues to participate in the statewide Underserved Populations Learning Collaborative. This opportunity has encouraged us to look at our policies and practices and their impact on underserved populations. We are hoping to seek more community input on how we can better serve typically underserved populations, particularly LGBTQ and non-English speaking individuals, in the future.

As always, we could not serve survivors without your continued support. Thank you



Memorial Oyster Roast in April and the Love Should Not Hurt Gala honoring Peaches Dodge in November. These events



Special Delivery

News from the ESCADV desk to you!

Our Staff

Shelley Strain
Executive Director
Jeanette Searle
Director of Operations
Maria Alfonso
Shelter Coordinator
Hispanic Services Advocate
Macrina Guzman
*Bi-lingual Domestic Violence/
Sexual Assault Advocate*
Morgan Saylor
*Accomack County
Client Services Advocate*
Jacqueline Elmandorf
*Northampton County
Client Services Advocate*
Fatima Peart
*Sexual Assault
Client Services Advocate*
Kathy Custis
Children's Services Advocate
Jon-Christopher Bulin
*Community Outreach
Volunteer Coordinator*
Dottie Swisher
Administrative Assistant
Kevin Schwenk
Intern

Board of Directors

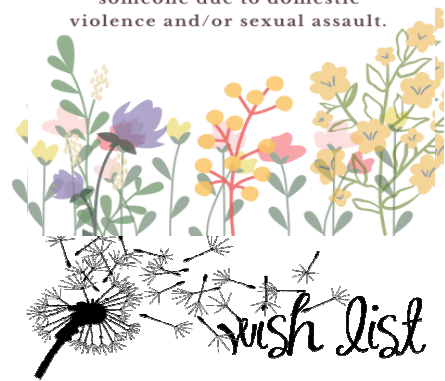
Arventa Smith
President
Cynthia Eddy
Vice President
Sharon Parker
Treasurer
Mozella Francis
Secretary
Lue Landsberger
Ronald May
Kathrine Michaelian



In memory of

All those who we have lost

ESCADV wants to take the time to remember and honor the memory of all of our supporters, survivors, and victims who have lost someone due to domestic violence and/or sexual assault.



- Cleaning Products (brooms, detergent, mops, etc.)
- Diapers
- Full-size Personal Hygiene Products (conditioner, shampoo, deodorant, body wash, etc.)
- Paper Products (Paper Towels, Toilet Paper, etc)
- Pots & Pans
- Bath towels

Your greatness is not what you have:

It is what you give!

How could **you** help ESCADV and survivors of domestic and sexual violence on the Eastern Shore?

Give your time and talents — Volunteer with us! We offer a wide variety of short and long-term opportunities to get involved. We have a fun, flexible, and rewarding work environment where you can put your energy and interests to work helping others. Contact Jon Bulin at Jbulin@escadv.org to learn more.

Donate items— We always need paper products, cleaning supplies, and nonperishable food items. Contact Maria Alfonso at malfonso@escadv.org to learn more.

PLEASE JOIN US IN THANKING
OUR VOLUNTEER OF THE SEASON

Kimberly King

FOR ALL THAT SHE HAS DONE
TO BRING EMPOWERMENT TO
OUR DV AND SA SURVIVORS

Kimberly King, as described by her loving husband, is an intelligent and compassionate person who is the first to take action to help those in need. Her loving nature led her to an education for a master's degree in sociology and criminology, which helped her in her career path helping everyone from children in the foster care system, those with behavioral health needs, and of course those who survived domestic violence and sexual assault. In her words, she deeply enjoys going to church, going to musical concerts and plays, and spending time with her husband. Please join ESCADV in thanking this amazing volunteer!

*In December and January, ESCADV answered
24 hot-line calls and provided shelter to 32
individuals*



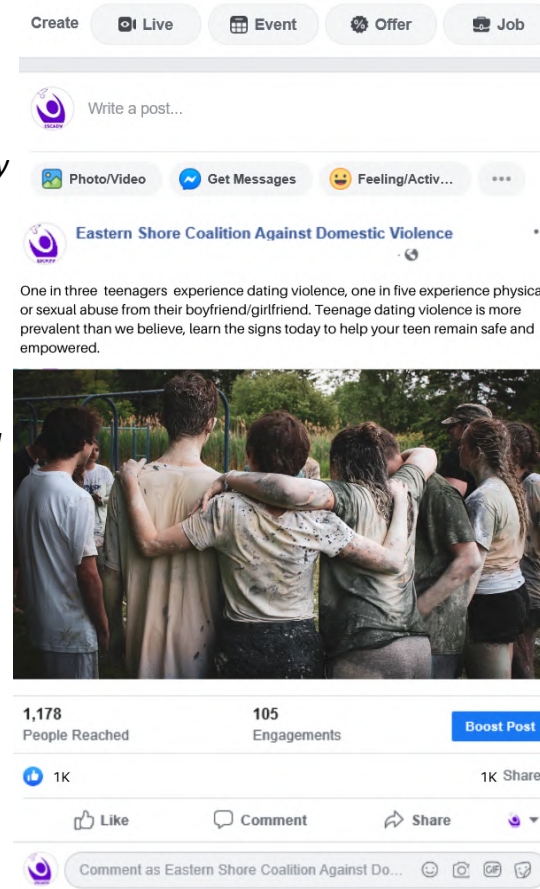
Thank You ESVA Freedom Starters!

Five years ago, in 2014, Melanie Parker started to make kits for the survivors of domestic violence and sexual assault containing the necessities that every person needs; shampoos, toothpastes, deodorant, & etc. With the expectation of only being able to do a couple kits, she managed to gather a community together to supply over 116. The following year she decided to help make Christmas season even more special for our survivors, and every year since the Freedom Starters (as the group is now called) has taken it upon themselves to become the local team of Santa Clauses and bring holiday cheer to each individual who is impacted by domestic violence/sexual assault. This year they managed to supply over 50 different people with gifts under their trees. ESCADV deeply appreciates everything the Freedom Starters have done and will do to help us in our mission of bringing empowerment to all.



We encourage you to learn and teach your teen(s) these red flags when starting a new relationship:

- ◇ Excessive jealousy or insecurity
- ◇ Invasions of your privacy
- ◇ Unexpected bouts of anger or rage
- ◇ Pressuring a partner into unwanted sexual activity
- ◇ Blaming you for problems in the relationship and not taking any responsibility for the same
- ◇ Controlling tendencies
- ◇ Falsely accusing you of things
- ◇ Vandalizing or ruining your personal property
- ◇ Taunting or bullying
- ◇ Threatening or causing physical violence



Survivor Support Group



ESCADV is now hosting support groups for survivors of Domestic and Sexual Assault. If interested please contact us at 1(757)-787-1959 for more information.

**TAKE A
STAND
AGAINST
CYBERBULLING**

***HELP OTHERS WHEN
THEY NEED IT**

DOMESTIC VIOLENCE THRIVES IN Silence

But the statistics on domestic violence are NEVER talked about domestic violence with their friends.

LOUD & CLEAR

- 1 in 4 WOMEN
- 1 in 7 MEN
- 2 in 5 LESBIANS
- 1 in 4 GAY MEN
- 2 in 5 BLACK WOMEN
- 1 in 3 LATINAS
- 1 in 5 ASIAN/PACIFIC ISLANDER WOMEN

safelhorizon

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All programs are subject to funding.

#PutTheNailInIt