

# THE ADVOCATE

*Shining the light for the fight against Domestic Violence*

*Individually, we are one drop. Together, we are an ocean. - Ryunosuke Satoro*

## *From the Director's Desk: Why partnership matters*

Call it what you will—partnerships, collaborations, alliances, or teams. At the end of the day, we know that our success depends on working well with others. Indeed, our name itself includes the word “coalition”, which testifies to the importance of partnership. True change to reduce domestic violence will only occur when we all stand and work together.

Domestic violence is a complex problem, and it impacts almost every aspect of our society. If you “deal with people”, chances are, this is an issue that you could be dealing with. For example, it affects families, schools, and employers. It impacts the legal system, law enforcement, the health care industry, social services, homeless services,

mental health and substance abuse providers, and housing. A coordinated and comprehensive community response is not only ideal, it's truly necessary.

Towards this end, we are making ambitious plans to reach out and work more effectively with our partners at all levels this year to:

- Improve the safety of survivors and their children
- Hold perpetrators accountable
- Reduce the incidence of domestic violence
- Change the culture to reflect that domestic violence is unacceptable
- Empower survivors and their children to live violence-free lives

This issue highlights some of the many ways we are collaborating with others, and we hope you find it informative and inspiring.

If the foundation of our society is the family — whatever form that may take — and being able to have healthy, respectful relationships with others, then domestic violence represents a dangerous crack in that foundation. Ending domestic violence is a challenging, complicated, and critical undertaking. Please know how grateful we are to have **your** support. Together, we save and change lives.

In partnership,

*Cristi*

**Volume 30, Issue 7**

**Winter, 2014**

Cristi Lawton, Executive Director  
Maria Ennis, Shelter Services Advocate  
Kanesha Hall, Client Services Advocate  
Evelyn Ray, Office Manager  
Meg Adams, Office Assistant  
Jocelyn Marshall, Volunteer Coord.  
Dawn White, Intern  
Fatina Peart, Intern

### **Board of Directors**

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Cada Grove  
Susan Simon  
Kent Sudman

This newsletter was printed with support from our local United Way and a contract from the Domestic Violence Prevention & Services Grant #CVS-12-049-11 awarded by the Virginia Department of Social Services.



*Coming together is a beginning, staying together is progress, and working together is success. - Henry Ford*

*Individual commitment to a group effort—that is what makes a team work, a company work, a society work, a civilization work. - Vince Lombardi*

*Alone we can do so little; together we can do so much. - Helen Keller*

*Thank you*

## **We are so grateful to organizations who donated from October—February:**

A & N Electrical Cooperative  
Accomack County  
Accomack Christian Center  
Alpha Delta Kappa Sorority  
Atlantic U. Methodist Church  
Baysore Concrete Products  
Bethel U. Methodist Women  
Blarney Stone Pub  
Calvary U. Methodist Women  
C.D. Marsh Jewelers  
Cheriton U. Methodist Church  
Chincoteague Vol. Fire Dept.  
Christ Episcopal Church  
Club Car Café  
Coldwell Banker Harbour Realty  
Corner Bakery  
Craddockville U. Methodist Church  
DAWN

Debedeavon Garden Club  
Drummond Insurance Agency  
Drummondtown UMC Ellen Nock Circle  
Eastern Shore Communications  
Eastern Shore Landscape Management  
Ed Weber Contracting  
Emmanuel Episcopal Church  
Eastern Shore Church Women Unite  
Food Bank of the Eastern Shore  
Franktown U. Methodist Church  
Ginsberg, Nottingham & Mapp  
Grace U. Methodist Women  
Hallwood Baptist Church  
Hampton Company  
Holmes Presbyterian Church  
Holy Trinity Episcopal Church  
Hungars Church St. Martha's Guild  
Hungars Episcopal Church

Hungars Parish Thrift Shop  
In Tune Guitar Picks, Inc.  
Island House Restaurant  
Jamesville Homemakers Club  
Janet's Café  
Jerusalem Baptist Church  
Johnson United Methodist Church  
Kiwanis Club of Accomack County  
Kiwanis Club of Chincoteague  
Lamba Chapter, Delta Kappa Gamma  
Literacy Council of the Eastern Shore  
Market Street U. Methodist Church  
Mary E. Wise Class  
Naomi Makemie Presbyterian Church  
Ocean View United Methodist Church  
Onancock Building Supply  
Onley Community Health Center  
Onley U. Methodist Church & Busy Bee

Sunday School Class  
P.W. Davis Disposal  
Painter Garrison U. Methodist Church  
Parksley High School Reunion Class  
Pungoteague Ruritan Club  
Refuge Inn  
Smith Chapel U. Methodist Church  
St. Cecilia's Guild  
St. Peter the Apostle Catholic Church  
St. Thomas UMC Missions  
Suntrust United Way Campaign  
Three C's Club  
Tyson's Foods  
U. Methodist Women Eastern Shore Dist.  
VA Dept. of Criminal Justice Services  
VA Dept. of Social Services  
Wendy's Restaurant  
Woman's Club of Accomack County  
Zion Baptist Church

**We provide the following services to Accomack and Northampton Counties:**

- 24-Hour Hotline and Emergency Shelter
- Individual Counseling
- Safety Planning
- Crisis Intervention
- Support Groups
- Legal Advocacy and Referrals
- Prevention, Education, and Community Outreach Services

**Our services are FREE  
and CONFIDENTIAL**



# Korner

We are so blessed that many people and organizations support our mission and clients with in-kind donations. Although we can't list them all, please know how much we appreciate everything you donate.

Below is a picture of lovely homemade stuffed animals, blankets and books that were recently donated by Purl's Yarn Shop in Onancock.



## ESCADV receives \$7,500 grant from the Avon Foundation For Women

The Avon Foundation for Women has awarded a \$7,500 one-year grant to the Eastern Shore Coalition Against Domestic Violence to provide direct services to domestic violence victims. This grant is a part of the Avon Foundation for Women *Speak Out Against Domestic Violence* program.

ESCAADV was delighted to be recipients of the grant and is honored that The Avon Foundation for Women has chosen to partner with us to provide critical resources for victims of domestic violence here on the Eastern Shore. Their support will help ensure that all victims have access to

emergency shelter, counseling, and support services that will help them to rebuild healthy lives free from violence and abuse—for themselves, their families, and future generations.

"The Avon Foundation for Women is committed to helping end the cycle of domestic violence and is proud to support The Eastern Shore Coalition Against Domestic Violence in its work to help domestic



*Avon Representatives presented ESCADV's grant funds at a recent Avon sales meeting in Melfa. Pictured from left to right are Katie Maguire (Avon District Sales Manager), Peaches Dodge (Board President), Cristi Lawton (Executive Director) and Connie Martin (Avon Champion Division Manager).*

violence victims in Accomack and Northampton counties," said Carol Kurzig, President, Avon Foundation for Women.

## ***Pillow Talk—A new way to welcome clients***

*"You are not alone and you are strong"*

*"May God bless and be with you"*

*"You're safe now and you will make it"*

These are just a few of the many inspiring and comforting words that the community is writing to clients as part of ESCADV's new "Pillow

Talk” campaign for our shelter.

New guests often arrive scared and exhausted. Supporters can help welcome them and show them they care by writing messages on their pillow cases.

While our clients often face tough days as they work to

rebuild their lives, these kind words can help bring a smile to their faces every night. When they leave the shelter, guests can take their pillow cases with them to help bolster their spirits as they begin the next chapter of their lives.

Look for a chance to add your own “Pillow Talk” message at upcoming community happenings or let us know if we can bring Pillow Talk to your next event.

**Pillow Talk** is sponsored by DAWN, 63 Market Street, Onancock.

*Our clients are often moved to tears when they read messages on the pillow cases they receive. Pictured at left is a signed pillowcase from the Ride the Tide Event in Onancock last autumn.*





# NO MORE

**Make the world a better place—**

**Zero Tolerance for Domestic Violence and Sexual Assault.**

The next time you are in a room with 6 or more people, think about this:

- 1 in 6 women are survivors of sexual assault.
- 1 in 3 teens experience sexual or physical abuse or threats from a boyfriend or girlfriend in one year.
- 1 in 5 men have experienced some form of sexual victimization in their lives.
- 1 in 4 women and 1 in 6

men were sexually abused before the age of 18.

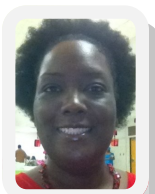
The NO MORE public service announcement campaign involves more than 50 celebrities and public figures asking bystanders to get involved when they witness or become aware of incidents of domestic abuse or sexual assault.

The NO MORE symbol, shown above, was designed to be used by anyone who wants to raise awareness of these issues. Like the pink ribbon did for breast cancer and the red ribbon did for HIV/AIDS, the

NO MORE symbol is the first unifying symbol to express support for ending domestic abuse and sexual assault. It will help raise awareness and hopes to end the stigma, shame, and silence of victims.

The symbol, when seen in color, shows a blue vanishing point. It is meant to denote the concept of zero—as in zero tolerance for domestic violence. How many ways could you use the NO MORE symbol? To download the symbol or for more information go to the website [nomore.org](http://nomore.org).

## ESCADV welcomes three new staff



ESCADV is excited to welcome Kanesha Hall as our new Client Services Advocate.

Kanesha is currently pursuing her Master of Science in Mental Health Counseling. She has worked for the past four years at Therapeutic Interventions, where she provided in-home mental health support counseling to children and adults. Prior to her counseling experience, Kanesha was an elementary school teacher for many years, and she grew up here

on the Shore. Kanesha brings a strong background of working effectively with children and adults, and we know her experience, skill sets, and engaging personality will be strong assets for our organization.

We're also delighted to be partnering with both Pathstone and the Eastern Shore Area Agency on Aging to employ two new part-time staff members through the Title 5 Program. The partnership enables older adults to learn valuable job skills, and for ESCADV it is a source of staffing at no cost to our agency.

Jocelyn Marshall is our first Volunteer Coordinator. She says her new position is challenging, but she enjoys working with volunteers. Jocelyn is an active member at Gaskins Chapel AME and is an advocate for disabled individuals.



Meg Adams is an Office Assistant and is active in the choir at Naomi Makemie Presbyterian Church. Meg says she looks forward to greeting clients and helping ESCADV run smoothly every day.



## Client Success Story: new life, new opportunities!

ESCADV recently helped a Hispanic client obtain a VAWA (Violence Against Women Act) Visa and then assisted her to obtain permanent resident status.

With these changes, our client has been able to obtain a Driver's License, has secured employment, and is eligible to become a U.S. Citizen. She now has the tools needed to be financially independent and

plan for a better future. She says, "The reality is that if ESCADV hadn't helped me, I wouldn't be working, and I don't know what could have happened with my children. I am so grateful."

## ESCADV DONORS & VOLUNTEERS



In the Spotlight



**Accomack County** provided funds in their FY14 Budget to help offset costs of the critical public safety services we provide to Accomack County residents.



**The Debedeavon Garden Club** made a donation to ESCADV at their December meeting. Pictured are Club President Elyse Koppenholfer presenting the check to ESCADV Board President Peaches Dodge.



**ESCADV won 18th Place in the Hampton Roads Magazine Giving Back Awards!** Thank you to everyone who voted for us! We were the only Eastern Shore-based nonprofit who made the Top 25. Pictured at the Awards Ceremony were Sue Whelan (Board Member), Cristi Lawton (Executive Director), and Nicole Ayres, Intern.



### Helping Hands Needed!

Do you have some time and want to make a difference in your community? Consider volunteering with ESCADV! We offer a flexible, fun, and meaningful volunteer experience and are recruiting for the following:

**Office Helpers.** Help keep our office clean, sort in-kind donations, and assist with mailings and special projects.

**Education Coordinator.** Help us conduct trainings for students about healthy relationships. We'll provide the training and resources you need!

**Other Ideas?** Do you have talents or skills you'd like to share? Please let us know!



**THANK YOU  
SUSAN WEIR &  
MALISSA WATTERSON!**

Susan Weir has been volunteering with us for over 9 months and is a retired schoolteacher. Susan is a talented fund development assistant and has worked on many special projects to help ESCADV increase our capacity to better serve clients.

Malissa Watterson is our newest volunteer, and she works as a sportswriter for the Eastern Shore News. Malissa cheerfully assists with whatever needs to be done and is training to work more closely with clients.

## Several SPECTACULAR Special Events Benefit ESCADV

A Christmas Homes Tour, a Vintage Fashion Show, a Coffee House, and a Pirate Show all provided amazing entertainment AND helped survivors of domestic violence. We are so blessed to have the support of everyone who was involved — thank you!



*ESCADV was honored to be a recipient of funds from the Onancock Business and Civic Association's very popular Christmas Home Tour in December. Pictured above is our Christmas Tree and "presents" that were part of the tour.*



*The Town and Country Garden Group of the Woman's Club of Accomack County hosted a "Timeless" luncheon, auction, and vintage fashion show in November at Historic Kerr Place. It was a fabulously fun, successful, and unique special event.*



*Peaches Dodge with our special guest speaker Jennifer Corbin at Holy Trinity Episcopal's Coffee House.*



*Argghh Matey! Telly Cardaci's Captain Capitano's Pirate Show at the Historic Cokesbury Church was fun family entertainment for all!*

## ESCADV receives \$10,000 Matching Grant!

***Community responds to Valentine's Day Appeal and contributes matching funds needed***

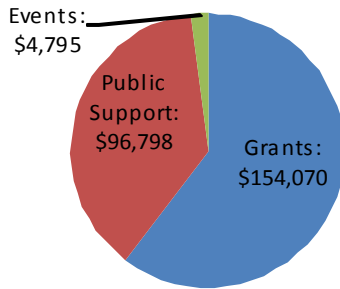
**Thanks so much** to everyone who showed us the love by being our Valentine! 61 donors contributed just over the \$10,000 needed for ESCADV to receive \$10,000 in matching funds from the Virginia Housing Development Authority's (VHDA) golf tournament in May! Funds from the appeal and golf tournament will be used to make needed improvements at the shelter, to establish a "rainy day" fund for shelter repairs, and to improve and expand the counseling services we offer. Your love and support will help us grow to better serve survivors and their children this year. In addition, many donors also wrote a "love note" to show care and concern for our clients. The notes are prominently displayed in our lobby for all who walk through our doors to see and read.





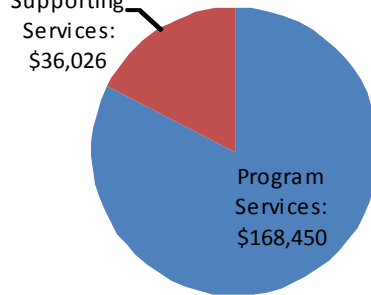
## Fiscal Year 2013 Annual Report (July 1, 2012—June 30, 2013)

### FY13 Revenues



Total Revenues: \$255,662

### FY13 Expenses



Total Expenses: \$204,476

FY13 Revenues and Expenses as per audit conducted by Leatherbury-Broache & Company, P.C. For a copy of the complete audit, please contact ESCADV.

Excess revenues of \$45,838 were used to pay off ESCADV's mortgages on our shelter and office.

Every effort has been made to correctly list donors, but please accept our apologies for any errors and let us know of any mistakes. We hope to include in-kind donors in future reports.

## THANK YOU TO THE FOLLOWING DONORS WHO SUPPORTED ESCADV FROM JULY 1, 2012 THROUGH JUNE 30, 2013. WE ARE SO GRATEFUL FOR YOUR PARTNERSHIP!

### Benefactors (\$5,000+)

Anonymous (2)  
Naomi Makemie Presbyterian Church  
Sultana Steering Committee  
United Way of Virginia's Eastern Shore  
VA Dept. of Social Services

### Guardians (\$1,500 - \$4,999)

Atlantic United Methodist Church  
Joanna and Rees Frescoln  
Franktown United Methodist Women  
Market Street United Methodist Church  
Eliza McBride  
Nell and George Minton  
Ocean View United Methodist Church  
Congressman Scott Rigell  
St. Peter the Apostle Catholic Church  
VA Dept. of Criminal Justice Services

### Protectors (\$500 - \$1,499)

Anonymous  
Assoc. Insurance Centers of VA  
Wanda Balance  
Blarney Stone Pub  
Vickie Bradley  
Don Broad  
Calvary United Methodist Women  
Cheriton United Methodist Church  
Christ Episocapal Church  
Christ UM Church Women Chincoteague  
Tammy Christopher  
Peaches and Eric Dodge  
Eastern Shore Chamber of Commerce  
Exmore Rotary Club Foundation, Inc.  
Family and Children's Trust (FACT)  
First Light, Inc.  
Kathryn Graham  
Mr. & Mrs. Cada Grove

Hungars Episcopal Church  
Hungars Parish Thrift Shop  
Paulette Kelley  
Kiwanis Club of Accomack Cty  
Kiwanis Club of Chincoteague  
Wendy & Kim Miles  
Mosher Physical Therapy  
Judith Neely  
Sarah Parker  
Howard & Nancy Drew Picard  
Janet & Haydon Rochester, Jr.  
Shore Bank  
Ronald Simko  
Sorooptimist Club of Accomack  
St. Helena's Guild  
St. Thomas UMC Missions

Three C's Club

Two Farms

Dawn White

Dennis Yatras

### Advocates (\$250—\$499)

Anthem Blue Cross Blue Shield  
Claudia Bagwell  
Patricia Bloxom  
Eloise Buckle  
Club Car Café  
Craddockville U. Methodist Church  
Lt. Col. Robert F. Eames  
Emmanuel Episocopal Church  
Shannon and Chris Gordon  
Cynthia Hall  
Susan Hickey  
Holmes Presbyterian Church Women  
Holy Trinity Episcopal Church  
Jo-Ayne Kerry-Turner  
Kirk Mariner  
Onancock Building Supply

Harry and Carol Rush

Beth Ann Sabo

Susan Simon

Dr. & Mrs. Drury Stith

Kent Sudman

Thornton Services

Zion Baptist Church

Robert Zoller

### Friends (up to \$249)

Acc. NH Pregnancy Center  
Mr. & Mrs. Howard Agnew  
Llewelyn Allison  
Alpha Delta Kappa Sorority  
A & N Electrical Cooperative  
A & N Title & Settlement Co., LLC  
Monica Ardolino  
Julie Badger  
Gay Baynes  
Bayshore Concrete Products Corp.  
Sandra Beerends  
Carolyn Belote  
William and Cynthia Bernart  
Bethel United Methodist Church  
Bethel United Methodist Women  
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Theresa Betz  
Marie Bowling  
Mr. & Mrs. Edgar Bradley  
Katherine Close Brown  
Geraldine Burns  
T. Lee & Dawn Byrd  
Henri Cadell  
Dixie Childers  
Mary Christenson  
Amanda Mears Circle  
Richard B. Clifford  
Robert & Nina Close  
Coastal Homes  
Kelly Conklin  
Craddockville UM Women  
Robert & Gina Crockett  
Teddie Crockett  
Janet Daniels  
Ms. Fred Dassler  
Davis Disposal  
Dennis/Ayers UMC Church  
Women's Circle  
Sharon Dorman  
Otis and Betty Doss, Jr.  
Mary Dreisbach  
Drizzles, LLC  
Drummondtown UMC—  
Ellen Nock Circle  
John & Suzanne Dukes

Nancy D. Duncan  
Eastern Shore Chiropractic Clinic  
Eastern Shore Church Women Unite  
Eastern Shore Community College  
Eastern Shore Ladies Aux. Council  
Eastern Shore Landscape Management  
Marilyn Eitelman  
Maria Ennis  
Elsie Eskridge  
June Evans  
Exmore Diner, Inc.  
Evergreen United Methodist Church  
Katherine Fiege  
Dr. & Mrs. Fletcher Fosque  
Stephen & Catherine Fox  
Sally Anne Frailer  
Franktown UMC—Tuesday Reunion Group  
Franktown United Methodist Church  
Cathy Fredholm  
Richard & Jean Freeman  
Eleanor Gordon  
Grace United Methodist Women  
GRC Wireless  
Mr. & Mrs. George A. Greenlaw  
Mrs. Billye Guy  
Katherine Hall  
Hall-Richardson Agency  
Carolyn Harney  
Heart Fund  
Charlotte Heath  
Sandra Hickman  
Barbara Hilderson  
Ronnie Holden  
Holy Trinity Episcopal Church  
Holy Trinity Episcopal Church Women  
Jamesville Homemakers Club  
Janet's Café  
Rebecca Jarvis  
Martha Joyal  
John Humphreys  
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Jean Johnson  
Russell & Annie Jones  
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Melody Mackin  
Joyce Maher  
Judy & Terry Malarkey  
Diane K. Mapp  
Susan Martin  
Ann & Jack Mason  
Rebecca McGee  
Mr. & Mrs. George N. McMath  
Melfa Volunteer Fire & Rescue  
Pauline Millbourne  
John Morgan  
Nandua High School  
Nandua Mini Storage  
Network for Good  
Anne B. Nock  
Jenny & Charlie O'Neill  
Onley U. Methodist Church  
Painter Garrison U.M. Church  
Jeff & Dorothy Papetti  
Nancy Porter  
Prayerful Seekers  
Reva Press  
Progressive Insurance  
Pungoteague Ruritan Club  
Polly Ransome  
Red Bank Baptist Church  
Emma Rolls Rhyne  
Mr. & Mrs. Preston Richardson  
Robinson's Family of Business  
Ann Scott  
Sarah Seamon  
Joseph Serino  
Joyce Shannahan  
Maudene Sherman  
Shore Entertainment  
Shore Produce  
Mr. & Mrs. Shultz  
Smith Chapel UM Church  
Ernestine Smith  
John & Sharon Snead  
Michelle Spangler  
Gail Sparrow  
Janet & Roland Stahl  
St. Cecelia's Guild  
Richard Sterrett  
St. George's Yoga Group  
Mr. & Mrs. Paul L. Strong  
Suntrust UW Campaign  
Tabernacle Baptist Church  
Maureen Tay  
Mr. & Mrs. Donald Thornton  
VSDVAA  
Margaret & Christopher Volk  
Caramine Kellam Warepoint  
Nancy Weaver  
John Wescott  
Bruce Whaley  
Lynda Whitehead  
Lynda Williamson  
Woman's Club of Accomack Co.  
Shirley Zamora

**Eastern Shore Coalition  
Against Domestic Violence  
(ESCADV)**

P.O. Box 3  
Onancock, VA 23417

Phone: 757-787-1329  
Toll Free: 877-787-1329  
Hearing Impaired: 757-787-0928  
Email: ESCADV@VERIZON.NET

We're on the web!

[www.escadv.com](http://www.escadv.com)

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*Irish Blessings to you from us!*

*May the road rise to meet you.  
May the wind always be at your back.  
The sun shine warm on your face.  
The rain fall soft on your fields.  
And until we meet again,  
May God hold you in the hollow of his hand.*

**Parting Shot**



*The Nandua High School Basketball Team helped move and organize donations for ESCADV's clients. What a win-win! Pictured are team members, ESCADV staff, and ESCADV Board Member and Assistant Basketball Coach Marvin Giddens.*

**YES!** I want to support ESCADV's work to end domestic violence  
in our community.

Enclosed is my donation of \$ \_\_\_\_\_

Name:

Address:

Phone:

Email:

This gift is made in honor/memory of:

Please send an "In Honor" card to (name and address):

☐ Please contact me, I am interested in learning more and being involved.