

**Eastern Shore
Coalition Against
Domestic Violence
(ESCADV)**

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We're on the web!
www.escadv.org



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@4lovenothurt



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**We provide the following
services to Accomack
and Northampton
Counties:**

- 24-Hour Hotline
- Emergency Shelter
- Individual Counseling
- Safety Planning
- Crisis Intervention
- Support Groups
- Legal Advocacy
- Referrals
- Case Management
- Children's Advocacy
- Community Outreach

**We serve men, women and
children.**

**Our services are FREE
and CONFIDENTIAL.**

**Shelter stay is not required
to access ESCADV
services.**

24-HOUR HOTLINE (757)-787-1329

EASTERN SHORE COALITION AGAINST DOMESTIC VIOLENCE

Modified Business Hours

Business hours will remain at **Monday-Friday from 8:30am-4:30pm** until further notice, our 24-hour hotline will run as usual for Domestic Violence and/or Sexual Assault emergencies. We are still accepting donations at this time.



Non-Profit Org.
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Eastern Shore Coalition Against Domestic Violence (ESCADV)

THE ADVOCATE

Summer 2020

Shining the light against Domestic & Sexual Violence

From the Director's Desk:

As we proceed through summer 2020, a summer different than we have ever seen, I am so grateful to the community and individuals that have provided so much to ESCADV. Our staff, advocates and support staff both, have worked diligently to insure services continued for survivors of domestic violence and sexual assault. ESCADV's board has met each month as normal thanks to the wonderful virtual technology. We have learned how to create zoom meetings and google meets, and experienced zoom fatigue, but business continued. Our amazing donors and community, provided food, financial resources, and anything else survivors needed



(including a few bicycles) to be as safe and healthy as possible. While the past months have been stressful in ways we didn't expect, I will remember this pandemic as a time where the Eastern Shore of Virginia community was truly Eastern Shore Strong.

Now we are moving forward to a new normal. Like many of us, we are still determining what that looks like. Right now it means canceled events, meeting virtually, staggering schedules and so much more. What will not change is ESCADV's continued services to all residents of the ESVA.

On a positive note, ESCADV was selected to be a regional lead for the second cohort of the Underserved Populations Learning Collaborative

(UPLC). This opportunity provides ESCADV staff with the opportunity to continue to learn new ways to support traditionally underserved groups, including LGBTQ+, people of color, and non-English speaking communities. As a regional lead, ESCADV will also be sharing our experiences and knowledge from the first UPLC cohort. Acknowledging the interconnections between race, biases, and historical discrimination, ESCADV strives to be part of the progress in creating a world where ALL individuals are safe.

In closing, I need to give a special shout out to Arventa Smith, past board chair of ESCADV. Arventa joined ESCADV's board in 2014 and became board chair July 2018. Her contributions have encouraged ESCADV to continue to grow, while maintaining quality services. During the past few months while she has had extra responsibilities at her "real" job, she has continued to be available to provide necessary support to ESCADV. Thank you for your service as Board Chair Arventa!

I also need to send thanks and appreciation to Mozella Francis. During her time on ESCADV's board, Mozella was instrumental in creating and updating policies and providing support as ESCADV's board secretary. She has supported ESCADV's efforts and growth in Northampton County and has been instrumental in helping ESCADV obtain office space in Northampton County as well. Thank you for your service Mozella! We are sad to see your time on the board come to an end, but appreciate all you have done and continue to do as always, thank you to our entire ESCADV community for helping us help others!

~Shelley Strain

Executive Director

Our Staff

- Shelley Strain
Executive Director
- Jeanette Searle
Director of Operations
- Maria Alfonso
Shelter Coordinator
- Hispanic Services Advocate
Macrina Guzman
Bi-lingual Domestic Violence/
Sexual Assault Advocate
- Morgan Saylor
Accomack County
Client Services Advocate
- Jacqueline Elmandorf
Northampton County
Client Services Advocate
- Fatima Peart
Sexual Assault
Client Services Advocate
- Kathy Custis
Children's Services Advocate
- Jon-Christopher Bulin
Community Outreach
Volunteer Coordinator
- Dottie Swisher
Administrative Assistant

Board of Directors

- Peaches Dodge
President
- Cynthia Eddy
Vice President
- Lisa Fiege
Treasurer
- Lue Landsberger
Secretary
- Ronald May
Kathrine Michaelian
Sharon Parker
Arventa Smith



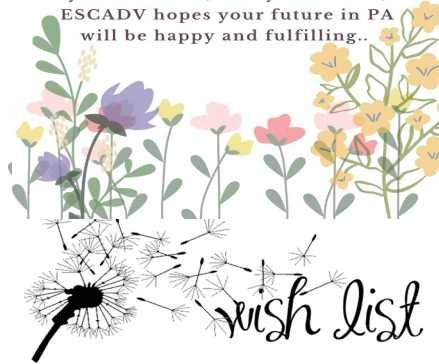
Special Delivery

News from the ESCADV desk to you!



*A message to Harry and Carol
Rush*

ESCADV wants to thank Harry and Carol Rush for their respective voluntary service throughout the years. They have previously served on various committees, Harry served as President of the Board and Carol was the chairperson of the Community Outreach committee. Their invaluable service, loyalty and reliance helped shape the future of ESCADV through the years. Thanks, Harry and Carol, ESCADV hopes your future in PA will be happy and fulfilling..



- Cleaning Products (brooms, detergent, mops, etc.)
- Diapers
- Full-size Personal Hygiene Products (conditioner, shampoo, deodorant, body wash, etc.)
- Paper Products (Paper Towels, Toilet Paper, etc)
- Pots & Pans
- Bath towels

Your greatness is not what you have:

It is what you give!

How could **you** help ESCADV and survivors of domestic and sexual violence on the Eastern Shore?

Give your time and talents –

Volunteer with us! We offer a wide variety of short and long-term opportunities to get involved. We have a fun, flexible, and rewarding work environment where you can put your energy and interests to work helping others. Contact Jon Bulin at Jbulin@escadv.org to learn more.

Donate items –

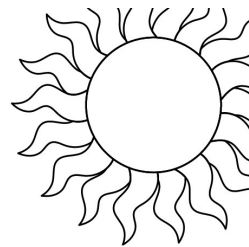
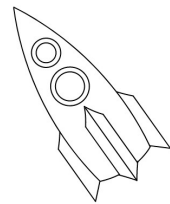
We always need paper products, cleaning supplies, and nonperishable food items. Contact Maria Alfonso at malfonso@escadv.org to learn more.

A Memorial for a former colleague and friend:

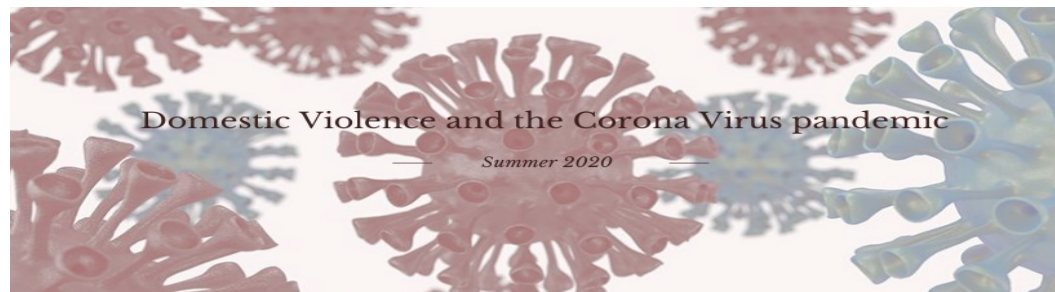
"Sadly, our friend and former colleague, Evelyn Ray, passed away on June 24th. She came to work for the Coalition after working 35 years for the Accomack County Health Department. Evelyn worked for us for many years. She handled the money and made things happen. She was just what we needed unflappable, always there for us reliably every day with her keen eyes, her ever ready smile, and her kind heart. ESCADV is grateful for all Evelyn did for us. Evelyn was indeed, very special!"



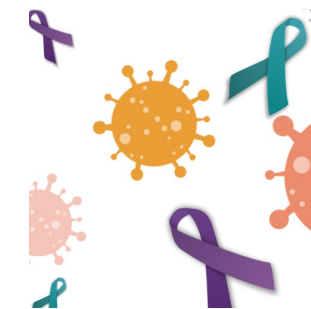
Word of the season
COLOR ME!



Survivor



- ◇ 1 in 3 women and 1 in 4 men experience domestic violence in their life time, and 1 in 6 homicides are completed by the intimate partner of the victim. With the current covid-19 pandemic this is expected to raise dramatically.
- ◇ As many ongoing survivors use errands such as grocery shopping to protect themselves, they may feel that this is no longer an option due to the stay at home orders. They may also falsely believe that emergency shelters and other safe housing options may not be available.
- ◇ Risk for children who may not have had abuse directed at them may increase and they may experience trauma directly since they are at home more often.
- ◇ The covid-19 pandemic may also cause survivors to hoard and consume more substances, from alcohol and prescription medication to illegal drugs.



A Note from an ESCADV Survivor:

"I was in a mentally and physically abusive marriage, I wanted to be free from it, but I felt that there was no way out. One day, I confided in a co-worker about the abuse I was suffering in my home- and she referred me to the Domestic Violence Coalition of the Eastern Shore. The advocate was very helpful and assured me when I was ready to leave they would be there to assist myself and my children. One day I had enough courage to leave and the Coalition welcomed my kids and I. They have been a tremendous help to us. We are now in a safe place- free of abuse and free of pain. If it wasn't for this program and my advocate, I'm not sure how things would have turned out. My children and I are forever grateful."

- From a grateful, strong, independent, beautiful, anonymous woman



EASTERN SHORE COALITION
AGAINST DOMESTIC VIOLENCE

Survivor Support Group

Providing support and empowerment for survivors of Domestic Violence and Sexual Assault

Topics include:
Emotions; Anger, Guilt, Grief, Fear
Endings and New Beginnings
Rights
Healthy Relationships
Self Esteem
Boundaries
and more!

CONTACT US AT 1(757)-787-1959
FOR MORE INFORMATION



**LOVE
SHOULDN'T
HURT**

