Eastern Shore Coalition Against Domestic Violence (ESCADV)

P.O. Box 3

Onancock, VA 23417

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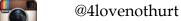
Hearing Impaired: 757-787-0928 Email: escadvoffice@escadv.org

We're on the web!

www.escadv.org



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This newsletter was printed with support from a contract from the Sexual Assault and Domestic Violence Program Grant #20-A3415VP18 awarded by the Department of Criminal Justice.

We provide the following services to Accomack and Northampton Counties:

- 24-Hour Hotline
- Emergency Shelter
- Individual Counseling
- Safety Planning
- · Crisis Intervention
- Support Groups
- Legal Advocacy
- Referrals
- · Case Management
- · Children's Advocacy
- Community Outreach

We serve men, women and children.

> Our services are FREE and CONFIDENTIAL.

Shelter stay is not required to access ESCADV





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Onancock, VA

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THE ADVOCATE

Fall 2019

Shining the light against Domestic & Sexual Violence

From the Director's Desk:

As we move into fall, signs of change are upon us. The leaves are changing colors, the days are getting shorter and cool autumn breezes are more and more common. The changing seasons will come every year, with no effort from us. For our survivors, making the decision to create change in their lives can be very challenging and scary.

The decision to leave an abusive relationship is difficult for many reasons. When a survivor leaves their abusive partner, those initial days In addition to staff, ESCADV has an active and weeks can be very dangerous. Survivors may have little access to resources or safety. Their abuser may become desperate to keep them or feel "if I can't have you, no one will." Children may be confused and scared and may even want to stay with the abuser. This is where ESCADV's services are critical to helping the survivor leave and begin the next chapter in their lives.

ESCADV provides survivors with emotional support, clinical counseling, safety planning assistance, shelter (if needed) and referrals to appropriate community resources. ESCADV provides support to the children, helping them through the transition and providing counseling to assist them in recovering from the trauma. ESCADV does all this, as well as providing services to survivors of sexual assault and providing education to the community about domestic violence and sexual assault.

ESCADV's success is made possible by dedicated staff, including three new staff since July 1. Jon-Christopher Bulin joined ESCADV in July as our volunteer/outreach coordinator. In August Morgan Saylor came on board as our Accomack client services advocate, and in September Macrina Guzman joined us as our bi-lingual domestic violence/sexual assault advocate. Please welcome them to our team.

volunteer team. Our volunteers fill a variety of roles including board members, providing support to clients, assisting with administrative tasks and community outreach. I cannot say thank you enough to our volunteers. ESCADV is able to provide so much more to survivors and the community with our volunteers help.

Another piece of ESCADV's success is the community. Our community support continues to amaze me. The community provides us with necessary resources through time, in-kind and financial contributions. Individuals and organizations continue to host drives and fundraisers which provide the support necessary for ESCADV to provide our critical services to the community. Thank you!!!! We could not succeed without you. Your support helps us help others!

Our Staff

Shelley Strain Executive Director Jeanette Searle Director of Operations Maria Alfonso Shelter Coordinator Hispanic Services Advocate Macrina Guzman Bi-lingual Domestic Violence/ Sexual Assault Advocate Morgan Saylor Accomack County Client Services Advocate Jacqueline Elmandorf Northampton County Client Services Advocate Fatina Peart Sexual Assault Client Services Advocate Kathy Custis Children's Services Advocate Jon-Christopher Bulin Community Outreach Volunteer Coordinator Dottie Swisher Administrative Assistant

Board of Directors

President Cynthia Eddy Vice President Sharon Parker Treasurer Mozella Francis Secretary Lue Landsberger Ronald May

Kathrine Michaelian

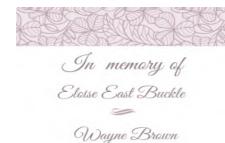
Arventa Smith



Special Delivery

News from the ESCADV desk to you!





ESCADV is saddened by the loss of two of our loyal supporters. May the family and friends of Eloise Buckle and Wavne Brown know we will remember and honor their memory



- Cleaning Products (brooms, detergent, mops, etc.)
- Full-size Personal Hygiene Products (conditioner, shampoo, deodorant, body wash, etc.)
- Paper Products (Paper Towels, Toilet Paper, etc)
- Pots & Pans

Your greatness is not what you have:

It is what you give!

How could you help ESCADV and survivors of domestic and sexual violence on the Eastern Shore?

Give your time and talents -

Volunteer with us! We offer a wide variety of short and long-term opportunities to get involved. We have a fun, flexible, and rewarding work environment where you can put your energy and interests to work helping others. Contact Jon Bulin at Jbulin@escadv.org to learn more.

Donate items –

We always need paper products, cleaning supplies, and nonperishable food items. Contact Maria Alfonso at malfonso@escadv.org to learn more.

Volunteers of the Season

Kathy Roe

Kathy, as someone in long-term recovery, is passionatly giving back to our Eastern Shore community as it welcomed her in its traditional ${\mathcal E}$ cozy embrace. When she and her husband moved here from her previous residence in Maryland, her neighbor informed her of what our office is and how we are looking for volunteers, from then on she has spent the year volunteering as much time as she could give to help us in our mission to bring empowerment to all. When she is not riding her bike or spending time with friends and/or her family you can always find her doing something to help others in their path of recovery. ESCADV is extremely proud to have such a wonderful human being on our volunteer team and extremely grateful for all Kathy has done!

Latasha Ames

Latasha is an Ordained Minster, Praise & Worship Leader, a mother of four, and a grandmother of three. She has a huge passion for helping survivors of domestic violence and sexual assault as she herself is a survivor. Recruited by a previous director, she now fulfills her passion, however she wishes people and business would know more about the legal process survivors go through. Other than cooking, singing, and being active both at her church and with ESCADV, she spent time getting degrees in psychology. ESCADV is very proud to have such an active member on our volunteer team and can't wait to work with Latasha in the years to come.



About Domestic Violence Awareness Month ◆ In the United States, October is Domestic Violence Awareness Month (DVAM). The goal of DVAM is to raise public awareness about Domestic Violence and educate communities on how to prevent it. We know that one month alone isn't enough to solve the serious

and widespread issue of Domestic Violence. However, the attention October generates is an opportunity to energize and expand prevention efforts throughout the year.

What Can You do participate and help raise awareness during DVAM?

There are several ways Individuals can actively participate and/or contribute to efforts of DVAM in our own families, communities, and spheres of influence.

- ♦ Social Media—Share posts and content that raises awareness about sexual Domestic Violence in general and/or specifically the I Ask campaign
- Purple Ribbons Wear and/or give away purple ribbons in support of Domestic Violence awareness.
- Online fundraiser- Host an online fundraiser for a local agency or organization that assists victims of **Domestic Violence**

Teach – Teach your children about the importance of asking for consent in ways that apply to their current and developing level of personal interactions with others.



NOVEMBER

Heritage Month

National

American

Native-

















National Hispanic Heritage Month

SEPTEMBER

OCTOBER

National LGBTQ+ History Month

INTER-**SECTIONALITY AWARENESS**

ESCADV

SHORE COALITION AGAINST